



March 2025

Weekly Room Schedule on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Artist of the Month: Katherine Kowaloff				1 9a- Duplicate Bridge 1p- Saturday Mahjong
2 10a- Piano & Coffee 1p- Ancestry Group 3p- Duplicate Bridge	3 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 6:30p- Building Bridges Fitness Payments Open 8:00a	4 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 1p- Philosophy Club 2p- Tuesday Bridge 3p- Sound Meditation 4p- Meditation@The MarQ ZOOM 4p- Cradle of Western Civilization 6:30p- Bunco I	5 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 4:30p- Shalom Pinehills Book Group 7p- Glee Club -*GI	6 10a- Considering Cognitive Decline 12:30p- Bonjour French 1p- Chess 4p- Great Discussions 7p- Maureen Hancock 7p- Great Courses	7 10a- Cribbage 1p- Ping Pong 1p- Friday Bridge	8 1p- Saturday Mahjong
9 1p- Gathering for Games 5p- Books for Cooks 	10 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 2p- Womanade Tea 1p- Chess 4p- Mahjong 6p- NEW Gaia Evening	11 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 2p- Nantucket Bracelet Workshop 3p- Sound Meditation 4p- Meditation@The MarQ ZOOM 4:05p- The New Yorker Discussion 4:30p- French Conversation 6:30p- Braver Angels	12 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 6p- Yoga Nidra 6:30- Cabana Room Players 7p- Glee Club -*GI	13 8:30a- Bird Brains 10:30- Hadassah Heroines 12:30p- Bonjour French 1p- Chess 1p- Classic Movie Matinee 2p- Reading the Short Story 4p- Moment in Time History 4p- State of the World 7p- Great Courses	14 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong	15 10a- Solo Travel 1p- Saturday Mahjong 7p- Exit 7 Concert
16 9a- Quilt Retreat 1p- Gathering for Games	17 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 2p- Mystery Book Club 4p- Mahjong 7p- Art Association 	18 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 1p- Philosophy Club 2p- Tuesday Bridge 4p- Meditation@The MarQ ZOOM	19 9a- Origami Senbazuru 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 7p- American Civil War 7p- Glee Club -*GI	20 12:30p- Bonjour French 1p- Chess 2p- Well Read Book Club 4p- Foreign Affairs 7p- Great Courses	21 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong 7p- Forever Song Circle	22 1p- Saturday Mahjong
23 1p- Gathering for Games	24 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 3p- Merry Book Club 4p- Mahjong 7p- Wine Club 7p- Stonebridge Club Readers	25 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ ZOOM 4:05p- The New Yorker Discussion 4:30p- French Conversation 6:30p- Bunco IV 7p- Speakers Group	26 9a- Origami Senbazuru 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 6:30- Cabana Room Players 7p- Glee Club -*GI	27 8:30a- Bird Brains 10a- Keeping Your Mind Sharp 12:30p- Bonjour French 1p- Chess 4p- Reading the Short Story 4p- State of the World 6p- Precinct 15 7p- Great Courses	28 10a- Cribbage 1p- Friday Bridge 1p- ALTOS 1p- Ping Pong	29 1p- Saturday Mahjong
30	31 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 4p- Mahjong					

[Fitness Class Schedule](#)

Group Resistance Training

MWF @ 7:30a

Total Body Fitness

MWF @ 8:45a

Yoga AM

MWF @ 10:15a

Sat @ 9:00a

Tai Chi On Zoom Jan – March No Drop-ins

T&Th @ 9a

Flex & Strength

T @ 10:30a

Stretch

Th @ 10:15a

Gym Hours

5a-11p

Alternate Wednesday
7a-11p March 12, 26

*GI - Great Island

Updated 2/24/25