

January 2025

Weekly Room Schedule on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Beginning on January 15th the Stonebridge Club will accept NO CASH payments; will accept CHECKS ONLY for all activities, including fitness. Office no longer has change. Online payments this Spring.		1 Stonebridge Office Closed New Years Day 1p- Ping Pong  No Fitness Classes	2 Stonebridge Office Closed 10a- Considering Cognitive Decline 12:30p- Bonjour French 4p- Great Discussions Fitness Payments for February Begin at 8am	3 10a- Cribbage 1p- Ping Pong 1p- Friday Bridge	4  9a –12p Christmas Tree Drop Off Troup 1620 1p- Saturday Mahjong
5 10a- Piano & Coffee 1p- Ancestry Group	6 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 6:30p- Building Bridges	7 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ on ZOOM 4p- Cradle of Western Civilization 6:30p- Bunco I	8 9a- Acrylic Class 10a- Beginner Bridge Lessons -*GI 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 4:30p- Shalom Pinehills Book Group 6:30p- Cabana Room Players	9 10:30- Hadassah Meet & Greet 12:30p- Bonjour French 1p- Chess 1p- Classic Movie Matinee 2p- Reading the Short Story 4p- Moment in Time History 4p- State of the World	10 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong	11 1p- Saturday Mahjong
12 9a- Quilt Retreat 1p- Gathering for Games 5p- Books for Cooks	13 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Chess 2p- Womanade 4p- Mahjong	14 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ on ZOOM 4:05p- The New Yorker Discussion 4:30p- French Conversation 6:30p- Braver Angels	15 9a- Acrylic Class 10a- Beginner Bridge Lessons -*GI 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 7p- American Civil War	16 10a- Keeping Mind Sharp 12:30p- Bonjour French 1p- Chess 2p- Well Read Book Club 4p- Foreign Affairs	17 10a- Cribbage 11:30- Healthy Cooking 1p- Friday Bridge 1p- Ping Pong 7p- Forever Song Circle	18 9a- Duplicate Bridge 10a- Solo Travel 1p- Saturday Mahjong
19 10a- Duplicate Bridge 1p- Gathering for Games	20 Stonebridge Office Closed Martin Luther King Day 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 2p- Mystery Book Club 4p- Mahjong 7p- Art Association	21 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ on ZOOM	22 9a- Acrylic Class 10a- Beginner Bridge Lessons -*GI 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 6:30- Cabana Room Players 7p- The Speakers Group	23 10a- Keeping Mind Sharp 12:30p- Bonjour French 1p- Chess 4p- Reading the Short Story 4p- State of the World 6p-Precinct 15	24 10a- Cribbage 1p- Friday Bridge 1p- ALTOS 1p- Ping Pong	25 1p- Saturday Mahjong
26 1p- Gathering for Games	27 8:45a- Writing from the Heart 10a- Creative Stitchery 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 3p- Merry Book Club 4p- Mahjong 7p- Wine Club 7p- Stonebridge Club Readers	28 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ on ZOOM 4:05p- The New Yorker Discussion 4:30p- French Conversation 6:30p- Bunco IV	29 9a- Acrylic Class 10a- Beginner Bridge Lessons -*GI 1p- Duplicate Bridge 1p- Ping Pong	30 12:30p- Bonjour French 1p- Chess 6p- New Resident Social	31 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong	

No Cash After Jan 15

[Fitness Class Schedule](#)

Group Resistance Training

MWF @ 7:30a

Total Body Fitness

MWF @ 8:45a

Yoga AM

MWF @10:15a

Sat @ 9:00a

Tai Chi On Zoom Jan – March No Drop-ins

T&Th @ 9a

Flex & Strength

T @ 10:30a

Stretch

Th @ 10:15a

Gym Hours

5a-11p

Alternate Wednesday

7a-11p

*GI - Great Island

Artist of the Month
Pam Russell

Updated 12/30/24